

## BRAIN WASHING

Rev. John White

Consider how often we sometimes find ourselves unable to sleep at night because "our wheels are turning." We're thinking about work, we're thinking about family, about health issues, about how so-and-so did this or about how another so-and-so said that. This happens to so many of us not only while we are trying to sleep, but also during the course of our waking hours. Let's face it, so many of the thoughts that each of us entertains are negative thoughts, bad things that are going on and we think these SAME THOUGHTS again and again and again! Yikes, it's in those times that we need, dare I say it, some serious BRAIN WASHING!

In 2 Corinthians 10:5, Paul said, "...we are taking every thought captive to the obedience of Christ." Granted, this was a statement Paul made in a larger description of how Christians are living out their lives as they are surrounded by others who are not Christians, but the point he made can serve as a great take-away for us as we struggle in the process of having our brains washed, our thoughts cleansed. It lies within our capacity, as those in whom dwells the Holy Spirit of Jesus, to necessarily identify the thought giving us grief and then to do something about it. When tossing and turning at night while ruminating in negative thoughts, what I do, and what I commend to you to try doing is simple. Call out to Jesus, say His name out loud, "JESUS." The best way to take thoughts captive is to

# BRAIN WASHING, CONTINUED

call out to the Lord and to quote Scripture - "JESUS," you can't find better "scripture" than that!

I have found that this "brain washing" process, though simple, can be extremely effective and, in the long run, it has spared me many sleepless nights and time wasted, during the day. Yet, I have found that this strategy must be practiced daily, employed again and again, until it becomes an unthinking habit, "Jesus!" When we recognize that we are being burdened with such negative, plague some thoughts and we call out to Him, He hears us and He is faithful and lovely to employ His Holy Spirit power for a fix. Jesus came that we might have life and life in abundance. With His help, we can have much better success in the process of taking negative thoughts captive and then fulfilling what Paul, likewise commends in Philippians 4:8: "Whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your minds dwell on these things." JESUS!



WHATEVER IS TRUE, WHATEVER IS HONORABLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS OF GOOD REPUTE, IF THERE IS ANY EXCELLENCE AND IF ANYTHING WORTHY OF PRAISE, LET YOUR MINDS DWELL ON THESE THINGS.

PHILIPPIANS 4:8



## FINANCIAL UPDATE

**Jackie Corbit** 

**UPC** is blessed to be congregation with consistent givers who help us meet our financial obligations. One of the primary goals in selling the Academy property was to provide funds to make needed repairs to the church facility. Property has been working diligently to make those repairs, but it will not happen overnight, and the cost will not be small. After investing \$75,000 in reliable and usually high-yielding stock, we've all seen the market plunge. We anticipated there would be gains and losses and thus expected to keep these funds invested for at least 5 years, if possible. That left about \$90,000 to use for building updates and repairs. That sounds like a lot of money, but if you look at the actions Session took this month, you can see just how depleted. quickly funds are Again, UPC is blessed to have a Foundation that can provide some funds when needed for specific projects. Foundation has

been generous in granting all the requests we've made, and weare grateful! However, the giving of each member of the congregation is what keeps our church moving forward. Our giving certainly blesses the work of UPC, but if the Bible can be believed, our giving blesses us as well.



# BACKPACK PROGRAM

**Laura Devine** 

Thanks to all who have brought food for the Backpack Program. Burgin Schools also have a summer feeding program to help feed students during the summer. There is a list of foods needed on the box in the narthex.

Let's keep this program going so that no child in Mercer County goes hungry this summer.

You can also donate cash; just make a note on your check that it's for the Backpack Program.

Bless you for caring -

Laura F. Devine
Mission & Outreach

#### NEW DAY

As I get up to start this new day I thank God it's mine to see For the many blessings he has given to me "You" are one of those The bring sunshine, falling rain, joy Happiness, love and sometimes a little pain The flowers in my yard that bloom each spring For the trees and grass so green For the memories of those we have lost They are with us still though not seen For the love of those we hold dear Our wonderful friends both far and near For the roof over our heads The food we eat The clothes on our bodies, shoes on our feet Things we take for granted They could all be taken away So thank you God for this new day What ever happens today or what's to be I know you are always with me

Laura F. Devine

May 2022

#### KATE RIKER CIRCLE

Laura Devine

The Kate Riker Circle will meet again on July 11th at 10:30am due to the 4th being a holiday. Jackie Corbit will lead the devotion. We are on Lesson 3 in our study books. Won't you join us as we study what our grandmothers taught us? Hope to see you there!-



EACH ONE MUST DO JUST AS HE
HAS DECIDED IN HIS HEART, NOT
RELUCTANTLY OR UNDER
COMPULSION, FOR GOD LOVES A
CHEERFUL GIVER.
2 CORINTHIANS 9:7



Laura F. Devine, Moderator

## SUMMER OFFICE HOURS

Effective June 20th through August 5th, Tara's office hours will be Monday through Thursday, 9:00am – 2:00pm. She will not be in the office on Fridays. If you need assistance on Fridays during this time, please contact Jackie Corbit or a member of the Property Committee.

Please note: Tara will be on vacation during the week of July 4th - 8th.

# UPCOMING EVENTS

July 4th - Independence Day

July 11th - Kate Riker Women's Circle Meeting, 10:30am

July 13th - Stated Session Meeting, 4pm

July 17th - COMMUNION SUNDAY

**August 21st - COMMUNION SUNDAY** 

**August 27th - Stated Session Planning Meeting** 

September 5th - Labor Day

September 18th - COMMUNION SUNDAY

September 21st - Stated Session Meeting, 4pm

#### MEMORIAL CELEBRATION HIGHLIGHTS

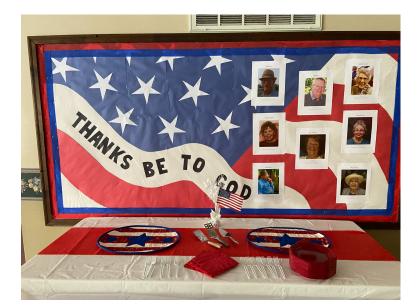
United Presbyterian Church was established by Christians who desired to have a place of worship in this community. From this humble beginning, time has marched forth and brought many changes, yet UPC has persevered through each one. Over its long history, members have given generously in time, talent, money, and commitment. We are benefactors of their faith in God's love and grace. This heritage has been the foundation on which each successive generation has built. Over the past two and half years, we have lost some of those men and women of faith. On Sunday, May 29, we celebrated their lives and contributions to this congregation. We invited the family members to attend and participate in the celebration and then be our guests for a potluck luncheon. Though many were unable to attend, we heard from almost everyone invited, and each expressed gratitude that we were acknowledging the lives of their loved one. UPC has an impressive history, with these we've recently lost playing a significant part in the last several decades. It was a blessing and an inspiration to hear about the lives of the eight people featured here. May their dedication to this church and their love of God be an inspiration to all of us.



BILL LIVELY



MATTIE CAMMACK





JOANN CINNAMON



ANNE Farthing



MARGARET Knapp



JACK NEWTON



MARGARET Lynn



HAROLD DAVIS

## STATED SESSION MEETINGS

## ACTIONS TAKEN MAY 18, 2022

- 1. Session voted to begin Intinction as the form of Communion observance beginning in June.
- 2. Session approved the motion to publish newsletters quarterly rather than monthly.
- 3. Session approved the wedding ceremony for Jack Prewitt and his finance' for October 1 to be held in UPC sanctuary.

# ACTIONS TAKEN JUNE 15, 2022

- Session approved the change from Sage to CDM+ which is a church-oriented accounting program.
- 2. Session approved using up to \$5,000 to landscape the front of the church.
- 3. Session approved Jeff Shaver as pulpit supply for July 24.
- 4. Session approved the motion that all liturgists do their readings from the pulpit so that they are a vital part of worship.

# FINANCIAL SUMMARY

#### MAY

	- ·
Balance 4-1-22	\$ 20,807.15
Received:	\$ 6,540.86
Disbursed:	(\$ 10,259.34)
Balance 4-30-22	\$ 17,088.67
	JUNE
Balance 5-1-22	\$ 17,088.67
Received:	\$ 6,837.02
Disbursed:	(\$ 6,822.03)
Balance 5-31-22	\$ 17,103.66

## BIRTHDAYS & ANNIVERSARIES



# JULY

6th - Ruth Young

12th - Mary Alexander

14th - Shirley Howe

18th - Marilyn Allen

21st - Jessie Rawlings

25th - Laura Duhamel

26th - Elaine Lipps

27th - Christopher Ferguson

31st - Amy Wickliffe

#### **AUGUST**

2nd - Lee Russell

12th - Laura Fugate Devine

13th - Jenny Dobbs

20th - Howard Howells, Sr.

21st - Nancy Hill

2nd - Nick & Elaine Dedman

4th - Butch & Jan Woodard

18th - Dave & Mary Weber

#### SEPTEMBER

1st - Tim Prigmore

7th - Mary Woodard

10th - Mary Weber

16th - Pat Alexander

24th - David Lynn

29th - Chuck Dedman

29th - Nick Dedman

7th - David & Letha Berry

16th - Ron & Jackie Corbit

23rd - Phillip & Jenny Dobbs

30th - Bill & Gwen Wickliffe